

THE BRENDON SHOW

FOUR SECRETS TO
SUCCESS



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SUMMARY



This episode is about the four life-changing choices you can make to reach greater success and happiness in your life. After studying some of the world's most successful high performers, there were four critical choices they made to stand out and build the life they wanted. Learn from the best on how to make a contribution, build the right community for you, and leave a lasting legacy with these commitments.

Follow along in the training with the notes below, then finish the sentence completion exercise to determine what skills you need to master, identify areas in your life where you can serve, and learn how you can take command of your day.

1. Develop Competence

You need to focus on becoming absolutely competent in the skills that matter for your long-term success. What's your dream? Break it down into manageable goals that ultimately move the needle toward your success. Keep learning, applying, and mastering your craft. Competence is the thing that we know gives people the edge in high performance. When you are more informed, more educated, and more experienced in the things that matter most to your career, you outperform others who are just going through the motions. As you master new skills that can get you closer to your dreams, the more confident and capable you become.

2. Have a Contribution Mindset

Instead of starting your day thinking about what you want or what you need, turn it around and ask yourself, "How can I give?" When you change your mindset from getting to giving, you start to think about your day, your work, and your mission as a way to contribute. It's so important to approach everything you do with the mindset of service. At the end of your life, when you look back at all your accomplishments, you will feel FULFILLED knowing that you made a difference. You brought positivity and true, lasting change.

3. Build the Community You Need

Sometimes you have to put in the work and strategically build the people around you to have the community that you need to succeed and enjoy life. So many people make excuse after excuse that they can't find support. It is on you to limit your exposure to the haters and the doubters. It is on you to find like-minded dreamers to come alongside you and cheer you on in your goals. It's time to start shaping new friendships. It's time to start cultivating that network of high achievers in your industry. When you surround yourself with an ambitious, service-oriented peer group, it raises your game.

4. Take Command of Your Life

Successful people take command of their life. They consistently command their thoughts, emotions, and actions throughout the day. Instead of simply reacting to the events of the day, they take command of their day, honor the struggle, and bring the joy. Everyone has bad days, but the high performers transform a potential failure into a positive experience. They take that let down and use it to reconnect to their personal power. It's time for you to learn from your mistakes and move forward with integrity and confidence.

SENTENCE

COMPLETION

As you complete the prompts below, there are no right or wrong answers. Responding authentically and fully is essential in generating and accessing more clarity and momentum in your life.

1

One affirmation I can make to myself every morning to inspire confidence is...

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2

The skills that I need to learn in order to master my craft are...

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3

My mission in life is...

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4

The one thing I can do to start giving more is...

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5

My greatest supporters are... and they have taught me...

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6

The type of people that I want in my community have these characteristics...

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7

To stop reacting to whatever comes up during the day, I will start taking command of my day by doing this one thing...

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8

One thing I will do to start reconnecting to my personal power is...

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NOTES

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