

THE BRENDON SHOW

CREATE YOUR BATTLE BOARD!
(MY SECRET TO PRODUCTIVITY)

BRENDON
BURCHARD

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SUMMARY

This episode is all about planning for your future. If you have any major projects in your life, creating a Battle Board is a must. A Battle Board is a wall or board outlining all of your major projects, milestones, goals, and deadlines stretched over a timeline. Having a one-stop spot where you can visualize your goals and the time it will take to get there is critical. Crafting your own Battle Board is that much-needed step that is sure to take you to that next level of productivity. Create your Battle Boards and share them on social media! #HPXLife #BattleBoard

Follow along in the training below, then fill out the sentence-completion section below to plan your Battle Board by diving deep into your future goals.

TEACHING POINTS

1. Create Your Battle Board

Having goals is one thing, but to have a written space outlining your future is another. A Battle Board is so much more than a planner or phone calendar. It's an all-encompassing space where you have the freedom to map out your one year, 5-year, 10-year, or 20-year plan. Because when you look at your specific goals over and over again, it literally helps rewire your brain. It helps program your brain to say, "Oh, let me pay attention to ideas, thoughts, and feelings I have that might be able to manifest these goals." Not only is the Battle Board essential for goal-setting, but it truly allows you to become more in touch with yourself—your own desires, passions, and life mission. Instead of falling into the trap of comparison or spending so much of your day scrolling through other people's lives on social media, really tap into your own dreams. You'll learn more about yourself in the process.

2. Share Your Battle Board

A Battle Board is so powerful because it is a physical space in your home or office that completely shows off your goals and deadlines—to the world! There is value in transparency. There is value in vulnerability and boldness. When you showcase your future goals, you are committing to them in the presence of your peers. So create your Battle Board. Create 12 boxes, with each box representing a month, and within that box write down the goals and metrics you want to hit that month. Having this mapped out in your home or office and sharing it with your community will allow you to better navigate your future.

SENTENCE COMPLETION

Complete the sentences below. As you complete the prompts below, there are no right or wrong answers. Responding authentically and fully is essential to generating and accessing more clarity and momentum in your life.

1

My big goal for the next month is...

.....

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.....

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2

The three main steps I will take to accomplish it are...

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3

The major deadlines I have to hit in order to achieve my next goal are...

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4

These are the three people I will show my Battle Board to (list who they are and why)...

.....

.....

.....

.....

5

The best organizational tips I have received and can apply to my Battle board are...

.....

.....

.....

.....

6

I am going to place my Battle Board in this location in my house...

.....

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.....

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7

The skills I am hoping to achieve by being dedicated to my Battle Board are...

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.....

8

Creating a Battle Board will help my life mission by...

.....

.....

.....

.....

BRAINSTORM HERE!

List out a major goal you'd like to hit each month for the next 12 months.

SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019
DECEMBER 2019	JANUARY 2020	FEBRUARY 2020
MARCH 2020	APRIL 2020	MAY 2020
JUNE 2020	JULY 2020	AUGUST 2020

NOTES

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